Our fair trade is an honest and

EQUAL EXCHANGE

Equal Exchange is one of the pioneers of Fair Trade. We have been a trusted supplier to the UK independent wholefood market for over 30 years and an equally trusted partner for the smallholder farmers that we work with.

Over the decades we have remained committed to our Fair Trade and organic principles without compromising on quality. These really are products with integrity.

You will find details of our range over the next few pages including fantastic coffees directly from women farmers, quality chocolates, raw honey, cocoa and more.

PLEASE CONTACT US AT:

EMAIL: enquiry@equalexchange.coop

TEL: 0345 258 5331

Equal Exchange, Unit 5e
Southwick Industrial Estate, Sunderland, SR5 3TX

www.equalexchange.co.uk

EQUAL EXCHANGE

Organic Coffee

Sustainably grown by small-scale farmer co-operatives in Latin America, Africa and Asia

*Now in type 4 (LDPE) recyclable material packaging**

SINGLE ORIGIN COFFEES

ORGANIC GUATEMALAN

This exquisite, organic, coffee from the Manos Campesinas co-op. Bright and complex with overtones of tart cherry and chocolate. Medium roasted to let the flavours shine through. *100% ARABICA.*

ROAST & GROUND (8 X 227G)
Outer Barcode: 05018190017840
Inner Barcode: 5-018190-01783-1

WHOLE BEAN (8 X 227G)
Outer Barcode: 05018190017826
Inner Barcode: 5-018190-01781-1

ORGANIC D.R. CONGO

This fantastic speciality coffee from the Sopacdi co-op in D.R.C is smooth and balanced with rich chocolate, sweet vanilla, brown spices and a hint of fresh berry. *100% ARABICA.*

ROAST & GROUND (8 X 227G)
Outer Barcode 05018190017864
Inner Barcode 5-018190-01785-7

WHOLE BEAN (8 X 227G)
Outer Barcode 05018190017888
Inner Barcode 5-018190-01787-1

ORGANIC ETHIOPIAN YIRGACHEFFE®

The spicy, winey flavours of this blend are characteristic of the beans grown by the Oromia Coffee Farmers Co-operative Union high in the Ethiopian mountains. *100% ARABICA.*

ROAST & GROUND (8 X 227G)
Outer Barcode 05018190017321
Inner Barcode 5-018190-01712-3

WHOLE BEAN (8 X 227G)
Outer Barcode 05018190017697
Inner Barcode 5-018190-01768-0

ORGANIC COLOMBIAN EXCELSO

Sourced from smallholder farmers in Colombia, this organic coffee has a rich smooth flavour with sweet berry notes that are enhanced by medium roasting. *100% ARABICA.*

ROAST & GROUND (8 X 227G)
Outer Barcode 05018190017284
Inner Barcode 5-018190-01708-6

WHOLE BEAN (8 X 227G)
Outer Barcode 05018190017659
Inner Barcode 5-018190-01764-2

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ORGANIC
WOMEN FARMERS GREW THIS COFFEE

A pioneering blend of coffees grown by women farmers at UNICAFEC, Peru and Soppexcca, Nicaragua. All too often the role women play in the production of coffee is unacknowledged. This blend is a testament to them, recognising their importance in the supply chain. *100% ARABICA. GROWN BY WOMEN FARMERS.*

ROAST & GROUND (8 X 227G)
Outer Barcode 05018190017475
Inner Barcode 5-018190-01746-8

WHOLE BEAN (8 X 227G)
Outer Barcode 05018190017758
Inner Barcode 5-018190-01774-1

ORGANIC
DARK CITY ROAST

We've blended high quality organic beans from Unicafec, Peru and CEPCO, Mexico and roasted it dark for a deep bodied and velvety smooth flavour. *100% ARABICA. GROWN BY WOMEN FARMERS.*

ROAST & GROUND (8 X 227G)
Outer Barcode 05018190017222
Inner Barcode 5-018190-01702-4

WHOLE BEAN (8 X 227G)
Inner Barcode 5-018190-01758-1

WHOLE BEAN (6 X 1KG)
Outer Barcode 05018190017451
Inner Barcode 5-018190-01744-4

ORGANIC
DECAFFEINATED MEDIUM ROAST

This medium roasted coffee has been naturally decaffeinated without chemicals. Shamelessly indulge your passion for the best tasting coffee whenever the fancy takes you. *100% ARABICA. GROWN BY WOMEN FARMERS.*

ROAST & GROUND (8 X 227G)
Outer Barcode 05018190017246
Inner Barcode 5-018190-01704-8

WHOLE BEAN (8 X 227G)
Outer Barcode 05018190017611
Inner Barcode 5-018190-01760-4

ORGANIC
MEDIUM ROAST

High quality organic beans from UNICAFEC, Peru and CEPCO, Mexico medium roasted bringing out a sweet, nutty flavour with a delicate acidity. *100% ARABICA. GROWN BY WOMEN FARMERS.*

ROAST & GROUND (8 X 227G)
Outer Barcode 05018190017208
Inner Barcode 5-018190-01700-0

WHOLE BEAN (8 X 227G)
Outer Barcode 05018190017574
Inner Barcode 5-018190-01756-7

WHOLE BEAN (6 X 1KG)
Outer Barcode 05018190017437
Inner Barcode 5-018190-01742-0

ORGANIC
ITALIAN ROAST

If you like your coffee with a kick, this blend of high quality organic Peruvian arabica and Indian robusta is perfect for you. Roasted beyond the edge of darkness this rich, modern blend is oily to touch and full of flavour. *75% ARABICA, 25% ROBUSTA.*

ROAST & GROUND (8 X 227G)
Outer Barcode 05018190017369
Inner Barcode 5-018190-01716-1

WHOLE BEAN (8 X 227G)
Outer Barcode 05018190017734
Inner Barcode 5-018190-01772-7

WHOLE BEAN (6 X 1KG)
Outer Barcode 05018190017512
Inner Barcode 5-018190-01750-5

**Check with your local council recycling services to see whether it is accepted or take them to your local supermarket collection point.*

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EQUAL EXCHANGE

Organic Chocolate

Made with organic cacao, sugar and vanilla sourced from small farmer co-operatives

DARK CHOCOLATES

ORGANIC RASPBERRY

65% CACAO

Delicious dark chocolate and bursts of tart raspberries makes for a sweet and sour flavour combination.

ORGANIC VERY DARK

71% CACAO

Our original dark chocolate bar! This rich and complex bar features notes of bright red fruit and chocolatey, baked brownies.

ORGANIC ALMOND

55% CACAO

Chunks of lightly toasted almonds add delicious flavour and texture to this slightly sweet dark chocolate bar.

ORGANIC LEMON GINGER with Black Pepper

55% CACAO

This zesty combination of lemon, ginger and a dash of black pepper is sweet, citrusy and well-balanced.

ORGANIC EXTREME DARK

88% CACAO

For serious chocolate lovers, this bar starts with high flavour impact, a sparkling citrus acidity, melting into a rich fudge taste with notes of roasted nibs and a bright grapefruit aftertaste.

ORGANIC CARAMEL CRUNCH with sea salt

55% CACAO

A bar to satisfy both your sweet and salty cravings! Crunchy caramel bits serve as the perfect complement to mouthwatering sea salt crystals.

ORGANIC ORANGE

65% CACAO

A mouth-watering blend of smooth dark chocolate and ripe, refreshing orange.

ORGANIC MINT CRUNCH

67% CACAO

The delicate mint crunch in this bar provides a wonderful compliment to the creamy, deep chocolate.

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EQUAL EXCHANGE

Olive Oil & Honey

Sustainably grown by small-scale farmers in Palestine, Mexico and Chile

ORIGINAL BLEND
PALESTINIAN EXTRA VIRGIN OLIVE OIL

COLD PRESSED EXTRA VIRGIN OLIVE OIL

Our original oil packed in an iconic, fluted bottle with its 'beer bottle' metal clasp. This blend of olive oils from family owned olive groves in the West Bank is a great everyday olive oil. *PLEASE NOTE THIS OIL IS NOT ORGANIC.*

(6 X 1L)

Outer Barcode 05-018190-00402-4
Inner Barcode 5-018190-00401-7

RAW HONEY

ORGANIC RAW
CLEAR HONEY

A blend of natural, raw honey from co-ops in Mexico. A harmonious composition of tropical flowers suitable for all sweetening purposes.

(10 X 500ML)

Outer Barcode 05-018190-00115-3
Inner Barcode 5-018190-00114-6

ALSO AVAILABLE IN 2.5KG TUBS:

Barcode 05-018190-00124-5

ORGANIC RAW
SET HONEY

A blend of natural, raw honey from co-ops in Mexico. A harmonious composition of tropical flowers suitable for all sweetening purposes.

(10 X 500ML)

Outer Barcode 05-018190-00117-7
Inner Barcode 5-018190-00116-0

CHILEAN RAW
ULMO BLOSSOM HONEY

Every year evergreen coastal forests are covered with a snow-like carpet of white Ulmo blossoms. This mono-flower honey has a delicate floral flavour. Available in set only. *PLEASE NOTE THIS HONEY IS NOT ORGANIC.*

(10 X 500ML)

Outer Barcode 05-018190-00103-0
Inner Barcode 5-018190-00102-3

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EQUAL EXCHANGE

Cocoa & Sugar

ORGANIC
HISPANIOLA COCOA

Ideal for baking sticky chocolate brownies, or just having as a hot drink. *VEGAN AND GLUTEN FREE. 100% COCOA.*

(6 X 250G)
Outer Barcode 05-018190-00613-4
Inner Barcode 5-018190-00602-8

ORGANIC
RAW CANE SUGAR

The natural juice is pressed from sun-ripened sugar cane then filtered and crystallised. No further refining is necessary to produce this free-flowing granulated sugar, suitable for all purposes

STANDARD PACK (10 X 500g)
Outer Barcode 05-018190-01001-8
Inner Barcode 5-018190-01000-1
Size 10x500g

SUGAR STICKS (1 X 1000 X 3g)
Barcode 05-018190-01002-5

Made with organic cacao, sugar and peanuts sourced from small farmer co-operatives

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